



**SOCCER NOVA SCOTIA**

2018/19

# **PROVINCIAL PROGRAM**

Overview

## WELCOME

This document was created to assist with the Soccer Nova Scotia Provincial Program.

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# OVERVIEW

Soccer Nova Scotia staff have been engaging multiple stakeholders on the purpose and resulting redesign of the 'Provincial Program'.

After months of conversations, the direction from stakeholders both past and present identified the program into two different stages:

- U13-U15 - Focus is identification, motivation, travel & exposure
  - Two Camps - Two separate registration points
  - Two Weekends - Traditional training weekend
  - One Event - Atlantic Championships
- U16-U18 Focus is exposure to NCAA & CIS coaches/schools
  - Three Weekends - AUS coaches offered to lead
  - One Event - Showcase

We are delighted with how the new programs align with the wider annual calendar, allowing clubs more time in facilities, cooperates with leagues for consistent scheduling & exposes the program to areas of the province outside of HRM.

We feel with these changes it aligns with our values at Soccer Nova Scotia.

Player Centred  
Respect  
Inclusion  
Innovation  
Quality  
Integrity

These values guide our process as we continue to strive to provide those participating with in the performance environment and continue our long term objectives of supporting the growth of the game with the clubs.



**MIKE WHYATT**

DIRECTOR OF  
SOCCER DEVELOPMENT

# STAFF

## DEVELOPMENT DEPARTMENT

EACH STAFF WILL SUPPORT THE IMPLEMENTATION OF THE PROVINCIAL PROGRAM AS A COACH OR LEADING & SUPPORTING THE OPERATIONS OF THE PROGRAM



**MATTHEW HOLTON**

TALENT DEVELOPMENT

Matt will focus on supporting clubs with yearly training plans, game models & curriculums for both community, competitive & performance programs.



**JULIA BURTON**

GRASSROOTS DEVELOPMENT

Julia will focus on supporting clubs implementation of Canada Soccer's LTPD grassroot principles and supporting those clubs operating Canada Soccer Skill Centres.



**NINO KOVACEVIC**

STRATEGIC DEVELOPMENT

Nino will support clubs strategically with the development of operational and technical plans. In addition, Nino will identify opportunities within the community to grow the exposure of the sport.



## CREATING A DELIBERATE PROGRAM THAT SERVICES THE NEEDS OF THE MEMBERSHIP

The program has been designed to synergize with existing clubs programs and league operations. There will be limited impact on the club experience with dates being carefully identified to remove conflict.





**Non-Linear Development** is a major principle with the design of the program at the entry age groups. Research demonstrates that selecting athletes prepuberty as inconsistent and results in a loss of potential talent. It is the aim of the program to keep as many players active in the performance stage until this phase is complete.

# 01

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## Identification & Exposure

In partnership with the Nova Scotia Soccer League, there will be centralized league events to assist with the identification of players:

November - U13-U15

January - U16-U18

After the identification occurs the U13-U15 program will invite players to attend a camp in February & April.

Both of these camps will be separate invitation & registration points. This allows for the nature of non-linear development in these sensitive developmental age groups.

# 02

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## Selection

After the two camps, there will be a short list of players invited to attend two training weekends during May & June, with a final selection of eighteen players being selected for travel to the Atlantic Showcase.

In the U16-U18 program, selection for the three weekends in March, April & May will occur from the identification event in January.

# 03

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## Competition & Showcase

Upon team selection, the age groups will attend the following events:

U13's will have two teams and participate in both the U13 & U14 Atlantic Championships.

U14's will participate in the U15 Atlantic Championships.

U15's will participate in the U16 Atlantic Championships.

U16 girls will participate in the Umbro Showcase.

U17 - U18 girls will participate in the Umbro Showcase

U16 boys will participate in the BC SPL Showcase.

U17 - U18 boys will participate in the BC SPL Showcase.

# SOCCER NOVA SCOTIA

## IDENTITY

**“WEARING THE NOVA SCOTIA JERSEY AS A 13 YEAR OLD WAS ONE OF MY FONDEST & PROUDEST MEMORIES AS A YOUTH PLAYER”**

**BURTON  
GRASSROOTS DEVELOPMENT  
CONSULTANT & PROVINCIAL  
ALUMNI**

**When Nova Scotia teams travel, there is an expectation that our values both on field and off field will be clear to recognize.**

For many being able to wear the Nova Scotia jersey and compete against other provinces is one of the proudest, fondest memories a youth player will experience.

The history and legacy of the program makes it important to understand the journey the program has taken and the heights it aspires to reach.

The legacy and expectation of a Nova Scotian player is to be comfortable in possession of the ball, playing out from the back, through the different phases of the field whilst expressing themselves. Out of possession, we are hungry to regain possession by being organized implementing a collective output.

In making the next step, Soccer Nova Scotia will be executing a national framework, making it clear to both our members and players, on the objectives of how the game should be played. Soccer Nova Scotia will be aligning the competencies and playing philosophy to Canada Soccer's Game Model, focusing on the four moments of the game: Attacking organization, defensive organization, attacking transition & defending transition.

Each moment of the game will have clear sub principles and competencies all shaped around a fluid, adaptable playing system. Players will have access to each individual playing profile and discover the expectation of their role in reference to the systems.

This approach aligns with the principles of the program, exposing players and assists them in getting identified for a higher level of play on the Canada Soccer Pathway.

Note - The U16-U18 training program will use these principles to guide competition when travelling but the focus for the older program is to expose players to AUS coaches, who will use their own individual philosophy.

# THE PROGRAM

## OPERATION

### THE PROVINCIAL PROGRAM WILL BECOME A PROVINCIAL PROGRAM, WITH TRAINING OCCURING ACROSS NOVA SCOTIA

After discussing with several stakeholders on the role the provincial program, travel was a key component.

Starting in 2019, the provincial program will operate across regions in Nova Scotia starting the U13-U15 camp in Cape Breton during February. The camp will be three days with all players (minus Cape Breton athletes) travelling on a coach and staying in a hotel.

This will be the first entry point for players in this age range, with registration occurring during December & January. All players will receive apparel, travel arrangements and training as part of the cost.

All players will be released after the camp, with a new intake of players occurring during March for a camp to take place in April in Halifax. The cost will differ if players participated in January due to previously having received apparel.

Once the two camps have completed, a squad of 22-24 players will be selected for training weekends during May & June. A final selection of 18 players plus two official alternates will be selected in June. Due to the delay in selection all 22-24 players selected will pay the full amount including travel before the first weekend. Players released will be refunded the travel difference. Note - The Newfoundland trip will be a 50% deposit with the full amount being required once selection has been confirmed.

22-24 players being selected in January to commence in March.

The program fee includes: apparel, training and travel arrangements. Note - The older age groups are specifically for players seeking a university/college opportunity and therefore anyone committed will not travel.

50% of the amount including travel will be collected before the first weekend, with the final 18 players including two official alternates being selected after the May weekend, those not selected will be refunded the travel costs and able to participate in the final weekend.

All players selected to travel will require a Soccer Nova Scotia tracksuit and will be able to order that directly through our partners SoccerX. Timelines on when delivery needs to be made will be communicated.

All teams travelling will have two coaches and one manager accompany them.

The U16-U18 program will operate differently, with

# COST (APPROX)

Program	Camp #1	Camp #2	Weekends + Travel*
U13 Development Boys	\$325.00	\$100.00 \$175.00**	\$1,430.00
U13 Development Girls	\$325.00	\$100.00 \$175.00**	\$635.00
U13 Boys	\$325.00	\$100.00 \$175.00**	\$1,430.00
U13 Girls	\$325.00	\$100.00 \$175.00**	\$635.00
U14 Boys	\$325.00	\$100.00 \$175.00**	\$650.00
U14 Girls	\$325.00	\$100.00 \$175.00**	\$285.00
U15 Boys	\$325.00	\$100.00 \$175.00**	\$650.00
U15 Girls	\$325.00	\$100.00 \$175.00**	\$285.00
U16 Boys	N/A	N/A	\$1,850.00
U16 Girls	N/A	N/A	\$1,500.00
U17-U18 Boys	N/A	N/A	\$1,850.00
U17-U18 Girls	N/A	N/A	\$1,500.00

\*Travel: U13 Boys - Newfoundland, U13 Girls - Prince Edward Island, U14-U15 Boys - New Brunswick, U14-U15 Girls - Nova Scotia, U16-U18 Boys - British Columbia, U16-U18 Girls - Ontario

\*\*This fee includes apparel if not selected for the first camp.

# PROVINCIAL COACHES

## AN ENVIRONMENT TO LEARN AND DEVELOP

Soccer Nova Scotia will be recruiting coaches to support the delivery of the provincial program in the fall. All coaches will have a Canada Soccer B License Part 2 or have a personal development plan to obtain. Canada Soccer Youth License will also be accepted once nationally available.

The criteria for those people being recruited will be aligned with the values of the organization and program. These individuals must have a development first mind-set, eager to learn and develop as individuals, demonstrate the respect of being prepared and showing integrity to the Soccer Nova Scotia playing identity.

### Role & Responsibilities of a Soccer Nova Scotia Provincial Coach

- Design learning environments that are relative to the game of soccer.
- Understand how to create the problem and support the solution.
- Maximize playing time aiming for a high percentage of ball rolling time.
- Able to communicate and breakdown the Canada Soccer aligned Soccer Nova Scotia game model.
- Able to maximize video analysis to engage players understanding of the game model and individual development.
- Willing to give meaningful feedback to players both formal and informal.
- Demonstrate high values as an individual and leading by example both on and off the field.



## MENTORING & JUNIOR COACHES

Soccer Nova Scotia will also be looking for coaches who would like to be mentored and supported through the entry coaching licenses.

These individuals will need to have playing experience or have been coaching for a minimum of two years.

To be considered for this opportunity, email [developmentsd@soccerns.ca](mailto:developmentsd@soccerns.ca)

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# TEAM MANAGERS

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LOOKING FOR INDIVIDUALS WHO ARE ORGANIZED AND  
LEAD BY EXAMPLE



## Communication

We are looking for individuals who can communicate effectively to coaches, parents, and organizations that Soccer Nova Scotia stakeholders.



## Planning

Creating deliberate plans that align with all stakeholders involved ranging from players, coaches, competition, transport, accommodation & meals.



## Budget

Respecting the budget is adhered to while being creative. Individuals will need to have excellent skills when it comes to recording what was spent, fulfilling a final report including receipts.

**INTERESTED?**

**DOWNLOAD**

**HANDBOOK HERE**

# 2019 DATES

Program	Camp #1	Camp #2	Weekends	Trip
U13 Development Boys	Feb 1-3	Apr 5-7	May 10-11 June 15-16	July 4-7 Newfoundland
U13 Development Girls	Feb 1-3	Apr 5-7	May 10-11 June 15-16	July 4-7 PEI
U13 Boys	Feb 1-3	Apr 5-7	May 10-11 June 15-16	July 4-7 Newfoundland
U13 Girls	Feb 1-3	Apr 5-7	May 10-11 June 15-16	July 4-7 PEI
U14 Boys	Feb 8-10	Apr 12-14	May 10-11 June 15-16	July 11-14 New Brunswick
U14 Girls	Feb 8-10	Apr 12-14	May 10-11 June 15-16	July 11-14 Nova Scotia
U15 Boys	Feb 8-10	Apr 12-14	May 4-5 June 15-16	July 11-14 New Brunswick
U15 Girls	Feb 8-10	Apr 12-14	May 4-5 June 15-16	July 11-14 Nova Scotia
U16 Boys	N/A	N/A	Mar 30-31 Apr 20-21 May 4-5	May 23-26
U16 Girls	N/A	N/A	Mar 30-31 Apr 20-21 May 4-5	May 16-19
U17-U18 Boys	N/A	N/A	Mar 30-31 Apr 20-21 May 4-5	May 23-26
U17-U18 Girls	N/A	N/A	Mar 30-31 Apr 20-21 May 4-5	May 16-19



Soccer Nova Scotia