



Appendix 4 - Review Questioning Reflection Tool

Updating one another	Professional Development Goals
<ul style="list-style-type: none"> • How is the program progressing? • How are you incorporating learnings thus far into your coaching? • Have you identified any new challenges in your coaching or in other areas of your life? • Would you like to discuss the mentoring program experience thus far? 	<ul style="list-style-type: none"> • What are the latest advancements around your professional development goals? • How are things going regarding the one goal we identified as your priority? • How might we refine the PDP? What competencies do you need to develop to meet your one goal? • What specific actions might you take to begin developing particular competencies consistent with this goal? • Did you test any of the development ideas that we discussed during our last meeting? If so, what was effective? Ineffective? • Last month we discussed competencies. How have you moved toward mastering them during the last month? • When is your next opportunity to practice these competencies? • How will you know whether you have made progress around your one goal? How can we measure the progress?