



Social Media Guidelines for Referees

“Social Media is defined as any form of online or interactive media (such as websites for social networking and microblogging like Twitter, Instagram, YouTube and discussion boards) through which users create online communities to share information, ideas, personal messages and other content.” (Source: Merriam-Webster)

1) Social Media can be fun, helpful and dangerous

Comments, notes and photos posted on social media sites such as Facebook, Twitter and on-line forums are usually constructive and positive. But negative comments and images, bullying, criticism and sexist remarks can be dangerous and harmful to people’s wellbeing and reputation and the image of the sport. If you discuss our sport on social media be sure your comments are positive.

2) Do not use social media to be critical of teammates, coaches, officials, administrators, volunteers, spectators, leagues or association officials.

Any comment you make on social media sites has the potential to be seen by millions of people. That is great if comments are positive. But it can be extremely negative and harmful if critical of people. Before you post a comment on social media ask yourself this: Would I want millions of people to read something negative about me?

3) Always assume the person you are talking/writing about will see what has been said/written.

Just because an online chat is between two people does not mean it remains private and nobody else can see it. Social media is accessible to everyone. Even if the person you are discussing does not see it, somebody else may. The result is **you** rather than the person you are ridiculing will be seen in a negative light.

4) **Use social media as a positive outlet to promote players, teammates, teams, clubs and others involved in soccer.**

Posting results and acknowledging individual and team performances on social media makes many people aware of team and individual achievements. That can have a positive effect for many people and should be used, encouraged and embraced wherever and whenever possible. Be aware that showing support for clubs or teams on social media can raise questions about your impartiality. Showing support for leagues and events is less likely to get you into trouble.

5) **Remember to show respect.**

When using social media, show the same respect and regard for people that you would show and are expected to show when playing, officiating or attending a soccer game.

6) **When in doubt, leave it out.**

If you are unsure if what you are posting on social media is appropriate, then it is best not to post it. When in doubt, leave it out.

7) **Do not tolerate or condone poor social media behavior or actions**

If you are aware or observe poor social media behavior or actions, do not accept it. There is no place in soccer for it, and it will not be condoned. If you believe the breach is serious, report it to team, club or association officials.

8) **Be aware that your actions on social media may have serious consequences.**

Negative comments and images, bullying, criticism and sexist remarks do not only impact negatively on the people they are about. If you are found to have acted improperly on social media regarding soccer related matters, you are liable to disciplinary procedures and may be required to face a hearing to explain your actions. A suspension could be imposed.

9) **Consider social media to be your personal brand.**

Your Internet presence fuels any perception of your personal brand- whether you like it or not. Does your social media identity match your real identity? Be mindful of the content of photos, status, updates and Tweets. Are they truly reflective of who you are and how you want people to see you?

10) **Information about appointments to games**

Information about appointments must not be shared on social media ahead of time. General information about appointments to events may be shared so long as the body appointing you hasn't instructed otherwise.